



Order of Service

Spiritual Communion

(for small groups and families)

Note: *When being present at a celebration of the Eucharist is absolutely impossible, this act of prayer and meditation can provide the means by which you can associate yourself with the Eucharistic Action and open yourself to God's grace and blessing. Note that it would not be appropriate to use the devotion of Spiritual Communion when Sacramental Communion can be received. This order of service may be led by the head of the family or any able person in the group.*

SONGS OR HYMNS MAY BE SUNG

Or a short silence may be kept

Leader: Almighty God, our heavenly Father, we gather before You today in prayer and humble adoration for who You are and for all the things that You have done in our lives. We give You thanks and praise for Your great love, that You did not spare Your Son, but send Him as Your Sacrificial Lamb to die and redeem us from our sin, through Jesus Christ our Lord.

All **Amen**

Leader: Blessed be God, + Father, Son, and Holy Spirit. And blessed be His Kingdom, now and forever.

All: **Amen.**

Leader: Let the power of the Holy Spirit come upon us, O Lord, to mercifully cleanse our heart and defend us from all adversities; through Christ our Lord.

All: **Amen.**

Leader Almighty Father, thank you for Your Son Jesus Christ who said:

“Behold, I stand at the door and knock. If you hear my voice and open the door I will come in to you and eat with you and you with me” (Rev 3:20).

“I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me, you can do nothing” (John 15:5).

We also thank You Almighty Father for Your goodness and mercy for,

“You prepare a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever” (Psalm 23:5-6).

All: **Amen.**

SCRIPTURE READING

The Gospel is read based on the Lectionary reading for that particular Sunday. The scripture readings from the Old Testament and the Epistle may also be read.

SERMON

After the Gospel reading you may spend some time in reflection and meditation, e.g. listening to the pre-recorded sermon for that Sunday.

THE APOSTLES' CREED

All: We BELIEVE in God, the Father almighty, Creator of heaven and earth.

We believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

We believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

INTERCESSION

In your own words, pray for the church and for the world, and for your own needs and the needs of others.

ACT OF CONTRITION

All: O God, we are very sorry that we have sinned against you and for all the wrongs we have done and the good we have not done. Forgive us all our sin for Jesus' sake, and grant us strength and wisdom to amend our life, according to your Holy Word. Amen.

ACT OF RECEPTION

Leader: In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, and remembering particularly our parish of _____ (name of Parish) and those worshipping there, we long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory.

And particularly for the blessings given to us _____ (name the blessing), we believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our hearts, our souls, and our minds. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace.

Through Jesus Christ our Lord.

All: Amen

THE LORD'S PRAYER

Spend a few moments in meditation upon the fact that God so loved you that he sent his only-begotten Son into the world for you, and afterward say:

Leader As our Saviour taught us, we pray.

All: **Our Father in heaven, hallowed be your name, Your kingdom come, Your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are Yours now and forever. Amen.**

CONCLUDING PRAYER

Leader: Come Lord Jesus, and dwell in our hearts in the fullness of your strength; be our wisdom and guide us in right pathways; conform our lives and actions to the image of Your holiness; and, in the power of Your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting.

All: **Amen**

All: **The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

This Spiritual Communion is excerpted and adapted from Saint Augustine's Prayer Book. © 2014 Forward Movement